



Hifz Tip: Focus Over Duration

Many students spend hours reading the Qur'an without proper focus, which is not an effective way to memorise. Hifz is not measured by how long you sit but by the quality of your attention and concentration

Create a Solid Routine

- Prioritise Fajr time, as it is ideal for memorisation
- Set specific hours for memorisation, revision, and rest
- Eat well, sleep well, and avoid overworking yourself

Avoid Ineffective Practices

Do not force yourself to sit for long periods without full attention. This only wastes time and energy and slows down your progress

Weekly Check-In:

- Review your progress regularly
- Adapt your routine to what works best for you
- Be honest about what needs improvement

Final Advice

Put in sincere effort, and Allah will open the doors. Hifz is a blessing, and with focus and consistency, it becomes a source of immense reward and connection with the Qur'an.