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SUPPLICATIONS

دُعَاء

FOR THE MORNING AND EVENING

1

رَضِيتُ بِاللَّهِ رَبًّا وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ نَبِيًّا

[Recite 3 Times]

I am content with Allah as my Lord (content with all His decisions and decree), with Islam as my religion (content to follow all the teachings and rulings of Islam), and with Muhammad ﷺ as my Messenger (content with the message and beliefs that he imparted). [Recite 3 times]

(Musnad Ahmad, Hadeeth number 18967)

2

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ أَصْلِحْ لِيْ شَأْنِيْ كُلَّهُ وَلَا تَكِلْنِيْ إِلَى نَفْسِيْ طَرْفَةَ عَيْنٍ

O Ever-Living, O All-Sustaining, we seek assistance through Your mercy. Rectify all of our affairs for us, and do not leave us to ourselves even for the blink of an eye (rather, always take care of us).

(Sunan Nasai kubra, hadeeth number 10330)

3

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

[Recite 3 Times]

In the Name of Allah, with whose Name nothing in the earth or the heavens can cause harm. And He is the All-Hearing, the All-Knowing. [Recite 3 times]

(Sunan Abu Dawud, hadeeth number 5088)

4

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ عَدَدَ خَلْقِهِ وَرِضَا نَفْسِهِ وَزِنَةَ عَرْشِهِ وَمِدَادَ كَلِمَاتِهِ

[Recite 3 Times]

Glory be to Allah and all praise is for Him, by the number of His creation, by His own pleasure, by the weight of His Throne, and by the ink of His words. [Recite 3 times]

(Saheeh Muslim, hadeeth number 7088)

5

اللَّهُمَّ عَافِنِيْ فِيْ بَدَنِيْ، اللَّهُمَّ عَافِنِيْ فِيْ سَمْعِيْ، اللَّهُمَّ عَافِنِيْ فِيْ بَصَرِيْ، لَا إِلَهَ إِلَّا أَنْتَ

[Recite 3 Times]

O Allah, grant me well-being in my body. O Allah, grant me well-being in my hearing. O Allah, grant me well-being in my sight. There is no god but You. [Recite 3 times]

(Sunan Abu Dawood, hadeeth number 5090)



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6

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ

[Recite 7 Times]

Allah is sufficient for me; there is no deity except Him.

In Him I place my trust, and He is the Lord of the Mighty Throne. [Recite 7 times]

(Sunan Abu Dawood, hadeeth number 5081)

7

اللَّهُمَّ بِكَ أَصْبَحْنَا وَبِكَ أَمْسَيْنَا وَبِكَ نَحْيَا وَبِكَ نَمُوتُ وَإِلَيْكَ النُّشُورُ

O Allah, by Your grace we rise in the morning, and by Your grace we reach the evening. By Your will we live, and by Your will we die, and to You is our return.

(Sunan Abu Dawood, Hadeeth number 5068)

8

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

[Recite 3 Times]

I seek refuge in the perfect words of Allah from the evil of what He has created. [Recite 3 times]

Sahih Muslim, hadeeth number 7055

9

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ بِذَنْبِي، إغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

[Recite 3 Times]

O Allah, You are my Lord, there is no god except You. You created me, and I am Your servant. I remain upon Your covenant and promise as best as I am able. I seek refuge in You from the evil of what I have done. I acknowledge Your blessings upon me, and I acknowledge my sins. So forgive me, for none forgives sins except You.

(Saheeh al-Bukhari, Hadeeth number 6309)

10

اللَّهُمَّ فَاطِرَ السَّمَاوَاتِ وَالْأَرْضِ عَالِمَ الْغَيْبِ وَالشَّهَادَةِ لَا إِلَهَ إِلَّا أَنْتَ رَبِّ كُلِّ شَيْءٍ وَمَلِيكُهُ، أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي وَمِنْ شَرِّ الشَّيْطَانِ وَشَرِّكَ وَأَنْ أَقْتَرِفَ عَلَى نَفْسِي سُوءًا أَوْ أَجْرَهُ إِلَى مُسْلِمٍ

[Recite 3 Times]

O Allah, Creator of the heavens and the earth, Knower of the unseen and the seen, there is no deity except You. You are the Lord and Master of everything. I seek refuge in You from the evil of my own soul, from the evil of Shayṭān and his traps, and from committing any wrong against my own self or causing it to be brought upon a Muslim.

(Sunan Tirmidhi, hadeeth number 3873)